## Lytchett Minster & Upton Town Council



## UPTON CEMETERY

Introducing 'Letters to Heaven'

The concept of the "Letters to Heaven" post box originated in Nottingham when Matilda Handy, a nine- year-old girl, sought a way to express her emotions after the passing of her grandparents. The Town Council thought this was a great idea, and have sited a 'Letters to Heaven' postbox in our Cemetery for people to use to in the same way. This is part of a national scheme to help people through all stages of grief.

The bereaved can write letters, cards and messages to those they have lost and post them in the white postbox inside the cemetery entrance.

Every letter or card put into the memorial postbox is treated with upmost respect and confidentiality. They are stored securely and are never opened or read.

Once removed the letters will be fragmented and added to the compost in the cemetery and returned to the earth to provide nutrients for nature to grow.

Please note that no letters to Royal Mail should be deposited.





Cilr Ray Griffin, Mayor, and Chairperson of Amenities, Cilr Mrs Mikka Pryor posting their first letters. Both are longstanding residents, as well as elected members, and both have loved ones in Upton Cemetery.

