



Battle the blues



Make Friends

Craft and chat group

Offering friendship, support & companionship.

Come & chat, meet others & join in with crafts

Tea, coffee & snacks provided

Tuesdays 10.30 am to 12.30 pm



The front of Upton Methodist Church,
Dorchester Road, Upton, BH16 5NN

This is a free group, however, if you can afford to make a donation to cover costs, that would be appreciated

For further details contact Jo
uptonff@yahoo.com ☺



All welcome (ages 18 +)

Beat the boredom

Have fun

Support each other